



BACK BY POPULAR DEMAND

On **Sunday 18th June**, The Rotary Club of Alloa (RCA) is once again organising a sponsored hill walk challenge to enable anyone interested to take the opportunity to connect with their local environment, take part in an interesting activity and raise funds for their club/venture.

THE WALK AND ADDITIONAL ROUTE

The walk starts from Hillfoots Rugby Club, Tillicoultry to the Beacon on the Nebit, a height of some 250 metres and a total round trip of about 8km (5miles), for much of the route you will follow a path or track. The entire route will be risk assessed by RCA. The walk should take between 2-3 hours to complete for recreational walkers.

An additional route for those who wish a greater challenge is to climb to the Nebit summit at a height of over 400 metres and a total round trip of 10km (6 miles) and should take approximately 3-4 hours to complete for recreational walkers.

RAISING FUNDS

The Rotary Club of Alloa is facilitating and will steward the event. We ask that you register your at www.tourdeclacks.com/enter.html, participation is free. The event is run to enable participants to raise funds for their own organisations or charities in any way they wish, sponsorship forms are available for download at the event website www.tourdeclacks.com. Please note that the sponsorship form is made available as a courtesy to the participant organisations and individuals who are responsible for its use and the collection of any sponsorship monies.

START AND FINISH TIMES

Walkers can set off at any time between 9.30am and 11.00am. **No walkers will be allowed to start after 11.00am.** Walkers are asked to check-in at the Registration Tent based in Hillfoots Rugby Club. Each walker will be given a registration wrist band which will be verified by the stewards at the fork in the path on the Nebit as indicated on the route map:
<https://w3w.co/gracing.task.hope>

STEWARDING

The walk will be stewarded throughout to ensure no one gets lost or strays from the route. The **Ochils Mountain Rescue Team**, although not directly involved, will be in the vicinity. Ample mobile communications will ensure speedy response in the event of anyone requiring assistance.

YOUNG WALKERS

Any young person under 16 years of age **MUST** be supervised and accompanied by a responsible adult **AT ALL TIMES**. They will not be allowed on the hill otherwise.

REFRESHMENTS

Water will be available along the route.

AFTER THE WALK

BBQ refreshments will be available in the tent at Hillfoots Rugby Club. You may wish to give an additional donation for your burger. This will be a great opportunity to relax and reminisce about the event. To register interest or for more information please email Scott at:

nebitwalk@gmail.com.